



Fitness Made Easy

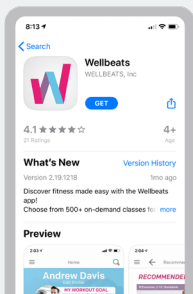
Discover fitness at your fingertips with Wellbeats! Access 500+ on-demand workouts, challenges, and fit tests with a team of friendly, certified virtual instructors coaching you every step of the way. Options for for all ages, abilities, and lifestyles. Log on to your HealthPartners Well-being account to get started!



New to Wellbeats? Here's how to get started on a mobile device:

1

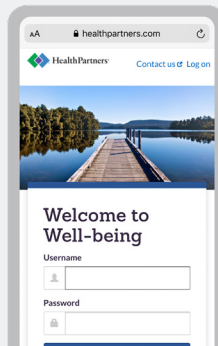
Download the Wellbeats app in the App Store or Google Play store



Do NOT log on or create an account directly in the Wellbeats app. Once the Wellbeats app is downloaded on your device, continue to step 2.

2

Log on to your health and well-being account at healthpartners.com/wellbeing



3

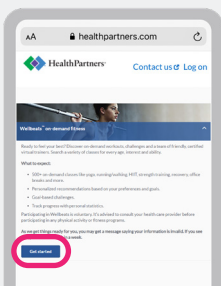
Complete the health assessment to unlock Wellbeats and other well-being activities



4

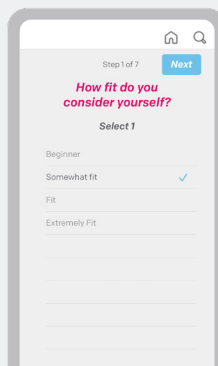
Locate the Wellbeats activity card and click, "Get started"

You may be prompted to open the Wellbeats app or be signed into the Wellbeats app



5

For first time users, follow the steps to complete your Wellbeats profile.



Note:

Next time you use Wellbeats, please follow steps 2 and 4.

At this time, access is not available directly through the app.